



Eagle Spa Menu

SIGNATURE MESSAGES

*Aromatherapy Upgrade

(Upgrade any massage to aromatherapy escape by adding on one of our luxury massage oils)

N\$ 100 each

- Muscle Melt Massage with marula and mopane essential oil blend.
- Detox and Lymph drainage with Kalahari melon seed and Namibian Myrrh.
- Uplifting Massage Oil with peppermint, jasmine, and ylang-ylang.

Rocky Escape

Deep tissue massage centres on realigning the deeper layers of connective and muscle tissue.

30 Min
N\$ 490

60 Min
N\$ 880

90 Min
N\$ 1370

Eagle Massage

A smooth and gentle flowing pressure that promotes general well-being and relaxation, also helps to improve circulation and relieves tired and stiff muscles.

30 Min
N\$ 490

60 Min
N\$ 880

90 Min
N\$ 1370

Sole Survival

A relaxing 30min foot and lower leg massage.

30 Min | N\$ 550

Warm Oil Scalp Massage

Deeply relaxing scalp massage with aromatherapy infused massage oils.

30 Min | N\$ 550

Sole Survival Journey

Enjoy a relaxing foot ritual, inclusive of a foot soak, scrub and pressure point foot massage, while indulging in one of our famous Eagle cocktails \mocktails.

45 Min | N\$ 700

Emsence Fragrances

Since 2015 Emsence has developed their very own range of fragrances offering a bespoke personalized body-care experience. Inspired by Namibia's lush botanicals, Emsence's wide range of personal care products are thoughtfully blended and packaged in Namibia.